

Articles List for Seminars: Click the link to access or right click and copy+paste the link**Student-Led Seminar 1: [Biophilia Hypothesis](#)**

Barbiero, G., & Berto, R. (2021). Biophilia as evolutionary adaptation: An onto- and phylogenetic framework for biophilic design. *Frontiers in Psychology*, 12(700709). <https://doi.org/10.3389/fpsyg.2021.700709>

Student-Led Seminar 2: [Biophilic Values](#)

Kellert, S. R. (1993). The biological basis for human values of nature. In S. R. Kellert & E. O. Wilson (Eds.), *The Biophilia Hypothesis* (pp. 42-69). Island Press.

Student-Led Seminar 3: [Attention Restoration Theory](#)

Kaplan, S. (1995). The restorative benefits of nature: Toward an integrative framework. *Journal of Environmental Psychology*, 15, 169-182.

Student-Led Seminar 4: [Eco-Existential Positive Psychology](#)

Passmore, H.-A., & Howell, A. J. (2014). Eco-Existential Positive Psychology: Experiences in nature, existential anxieties, and well-being. *The Humanistic Psychologist*, 42, 370-388.

Student-Led Seminar 5: [Nature and Meaning in Life](#)

Passmore, H.-A., & Krause, A. N. (2023). The beyond-human natural world: Providing meaning and making meaning. *International Journal of Environmental Research and Public Health*, 20(12), 6170. <https://doi.org/10.3390/ijerph20126170>

Student-Led Seminar 6: [Nature as a Basic Human Need](#)

Baxter, D. E., & Pelletier, L. G. (2019). Is nature relatedness a basic human psychological need? A critical examination of the extant literature. *Canadian Psychology / Psychologie canadienne*, 60(1), 21-34. <https://doi.org/10.1037/cap0000145>

Student-Led Seminar 7: [Nature Connectedness and Pathways to Nature Connectedness](#)

Lengieza, M. L., & Swim, J. L. (2021). The paths to connectedness: A review of the antecedents of connectedness to nature. *Frontier in Psychology*. <https://doi.org/2021.763231>



Student-Led Seminar 8: [Eco-Anxiety](#)

Pihkala, P. (2020). Anxiety and the ecological crisis: An analysis of eco-anxiety and climate anxiety. *Sustainability*, 12, 7836.

Student-Led Seminar 9: [Nature and Children](#)

Chawla, L. (2020). Childhood nature connection and constructive hope: A review of research on connecting with nature and coping with environmental loss. *People and Nature*, 2, 619-642. <https://doi.org/10.1002/pan3.10128>

Student-Led Seminar 10: [Psychological Ownership of Nature](#)

Wang, X., Fielding, K. S., & Dean, A. J. (2022). Psychological ownership of nature: A conceptual elaboration and research agenda. *Biological Conservation*, 267, 109477. <https://doi.org/10.1016/j.biocon.2022.109477>

Student-Led Seminar 11: [Human-Nature Relationship and Pro-environmental Behaviour](#)

Lengieza, M. L., Aviste, R., & Richardson, M. (2023). The human-nature relationship as a tangible target for pro-environmental behaviour—Guidance from interpersonal relationships. *Sustainability*, 15(16), 12175. <https://doi.org/10.3390/su151612175>

Student-Led Seminar 12: [Policy Practice with Respect to Nature](#)

LoTempio, S., McDonnell, A. S., Nadkarni, N., Walker, S., Gallegos-Riofrío, C. A., Scott, E. E., Bettmann, J. E., Rojas-Rueda, D., Dahl, J., Tomasso, L. P., Lawler, J. J., Davalos, D., & Strayer, D. L. (2023). Healthy by nature: Policy practices aimed at maximizing the human behavioral health benefits of nature contact. *Policy Insights from the Behavioral and Brain Sciences*, 10(2), 247-255. <https://doi.org/10.1177/23727322231197578>

Student-Led Seminar 13: [Biophilic Architecture](#)

Joye, Y. (2007). Architectural lessons from environmental psychology: The case of biophilic architecture. *Review of General Psychology*, 11(4), 305-328. <https://doi.org/10.1037/1089-2680.11.4.305>

Student-Led Seminar 14: [Nature-Based Interventions](#)

Hunt, J. T., Howell, A. J., & Passmore, H.-A. (2021). In vivo nature exposures as a positive psychology intervention: A review of the impact of nature interventions on well-being. In E. Brymer, M. Rogerson, & J. Barton (Eds.), *Nature and health: Physical activity in nature*. Routledge. <https://www.routledge.com/Nature-and-Health-Physical-Activity-in-Nature/Brymer-Rogerson-Barton/p/book/9780367723323>

Student-Led Seminar 15: [Integrating Ecotherapy Into Counseling](#)

Walker, K. L. A., Ray, D. C., & Lollar, S. (2022). Integrating humanistic counseling and ecotherapy. *Journal of Professional Counseling: Practice, Theory & Research*, 49(1), 5-20. <https://doi.org/10.1080/15566382.2021.1949209>

